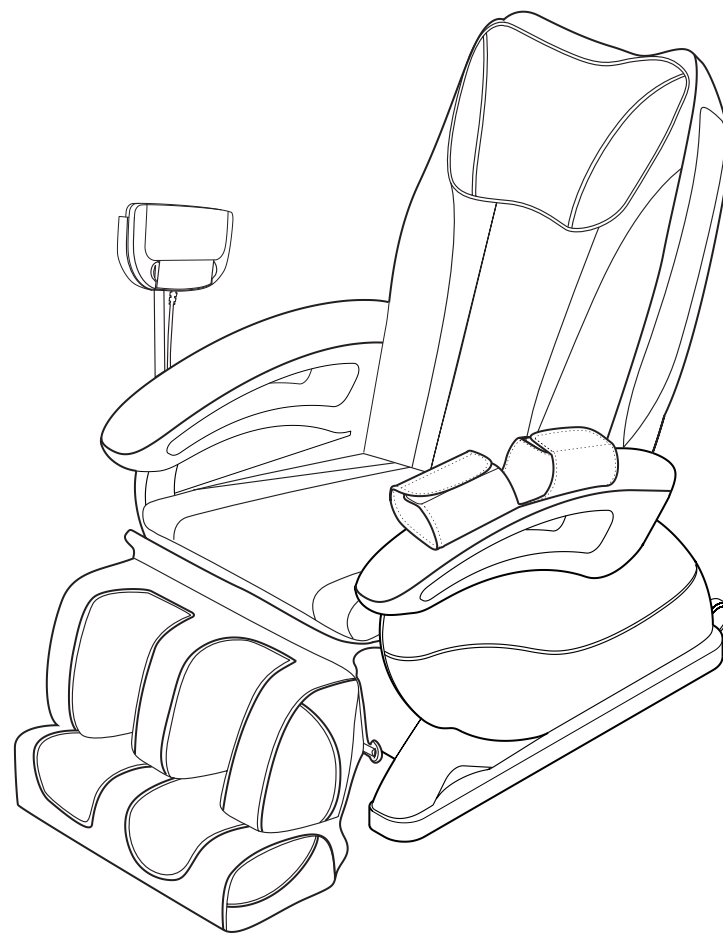


# POPULAR MASSAGE CHAIR

The Global Health-care and Massage Expert



*Instruction Manual*

Thanks for you choose our Popular Massage Chair. Before operating the Massager, please read this User's Manual thoroughly for the correct methods of usage, especially the notes on Safety. This manual should be kept available for future reference after you have read it through.

## CONTENTS

Important Safety Instructions .....	1-4
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## IMPORTANT SAFETY INSTRUCTIONS

### DANGER

-To reduce the risk of electric shock: Always unplug this appliance from the Electrical Outlet immediately after using and before cleaning.

### WARNING

-To reduce the risk of burns, fire, electric shock, or injury to persons:

1. This appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
2. Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
3. Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
4. Keep the cord away from heated surfaces.
5. Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
6. Never drop or insert any object into any opening.
7. Do not use outdoors.
8. Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
9. Connect this appliance to a properly grounded outlet only. See Grounding Instruction.

### GROUNDING INSTRUCTIONS

This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

### DANGER

Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

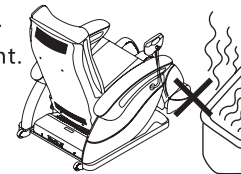
This product has a grounding plug. Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.

**PLEASE SAVE THESE SAFETY**

## IMPORTANT SAFETY INSTRUCTIONS

### 1. Usage Environment

- Do not use your chair in an excessively humid or dusty environment, as it may cause electrical shock or machine trouble.
- Do not put your chair in room temperature higher than 40°C.
- Do not expose your chair to heaters, stoves or direct sunlight.
- Do place and use your chair on a flat floor level.



### ! CAUTION

You should use the Chair in a cool room, do not increase the room temperature abruptly. It is recommended that you increase the temperature gradually to a normal Level. If you want to move the Chair that stored in a cold place to a warm place, it is advisable to use it one hour later. Machine trouble may be resulted when a cold machine is being used in a warm room suddenly.

### 2. Unsuitable Users

The following users must consult their doctor before use:

- under medical care or feel unwell.
- suffering from malignant tumours.
- Those who are suffering from severe heart diseases.
- pregnant or menstruating.
- spinal disorders, bent or abnormal spinal conditions
- Those who have high fever.

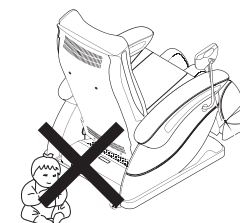


### 3. Safety Precautions During Use

- To ensure safe and correct use of the chair, do not operate the chair without reading
- Do not rest or place heavy objects on the Armrests, Footrest or Backrest. It may result in machine trouble or injury to the user should these objects topple.
- Do not use the chair with other therapeutic equipment or electric blanket, etc, as it may result in inefficacy or injury.

### ! CAUTION

- Do not allow children or pets to play around the chair, it may result in injury during operation of the chair.



## IMPORTANT SAFETY INSTRUCTIONS

- Do not use the Chair when your body is wet.
- Do not operate the Chair with wet hands.
- Continuous long application of the massage at a position of your body may result in excessive stimulation and may be counter-effective.
- Do not insert your hand or foot along the paths of the Massage Nodes during the operation of the Chair, as it may cause injury to the user.

### Suggestions

- You may place a blanket or towel over the Backrest if you prefer a softer massage.
- Using the Massage Chair as a bed is not encouraged.
- Do not apply Massage Nodes directly on the head, joints of elbows/abdomen, etc.
- The recommended usage time is 15 minutes, however, you are encouraged not to use more than 5 minutes on the same spot.

## 4. When the Chair Should Not be Used

In the following events, please switch the power OFF immediately and disconnect the AC power cord from the Electrical Outlet. Contact our centre for servicing:

- If the Chair is spilt accidentally with water or not in operation, continuous to use under these conditions may result in electrical shock.
- If abnormal or severe pain is felt during massage, stop operation immediately and consult your doctor.
- If you find any malfunction or any other abnormal condition during operation.
- If there is a power failure, injury may be caused when power is back unexpectedly.
- If there is severe lightning.

### NOTE:

Lift the Backrest Pad regularly to check for tears in the upholstery of the Central Cloth.

## IMPORTANT SAFETY INSTRUCTIONS

## 5. Assembly and Repair of the Chair

- Do not disassemble the back cover from the Chair, touching the inside mechanisms of the Chair may result in electrical shock.
- The Chair must only be serviced or repaired by our Service Centre, and user must not disassemble or repair the Chair oneself.



## 6. Things to Note about Power Plug and Cord

Check that the voltage corresponds with the specifications indicated for the Chair (only for alternative current).



- Do not disconnect the AC Plug from the Electrical Outlet roughly.
- Do not connect or disconnect the AC Plug from the Electrical Outlet with wet hands. It may result in electrical shock or machine troubles.
- When disconnecting the AC Plug, pull it out by holding the plug and not by the cord.
- Although the operation will be stopped automatically by the Auto-Timer function, do not fail to switch off the Main Switch after operation.
- Do not place the AC cord under the Chair as it may damage the cord and result in fire or electrical shock.
- Do not use the Chair if the power cord/pulg is damaged, use attachments that recommended by our company only .
- Do not use the Chair if the Electrical Outlet is excessively loose.

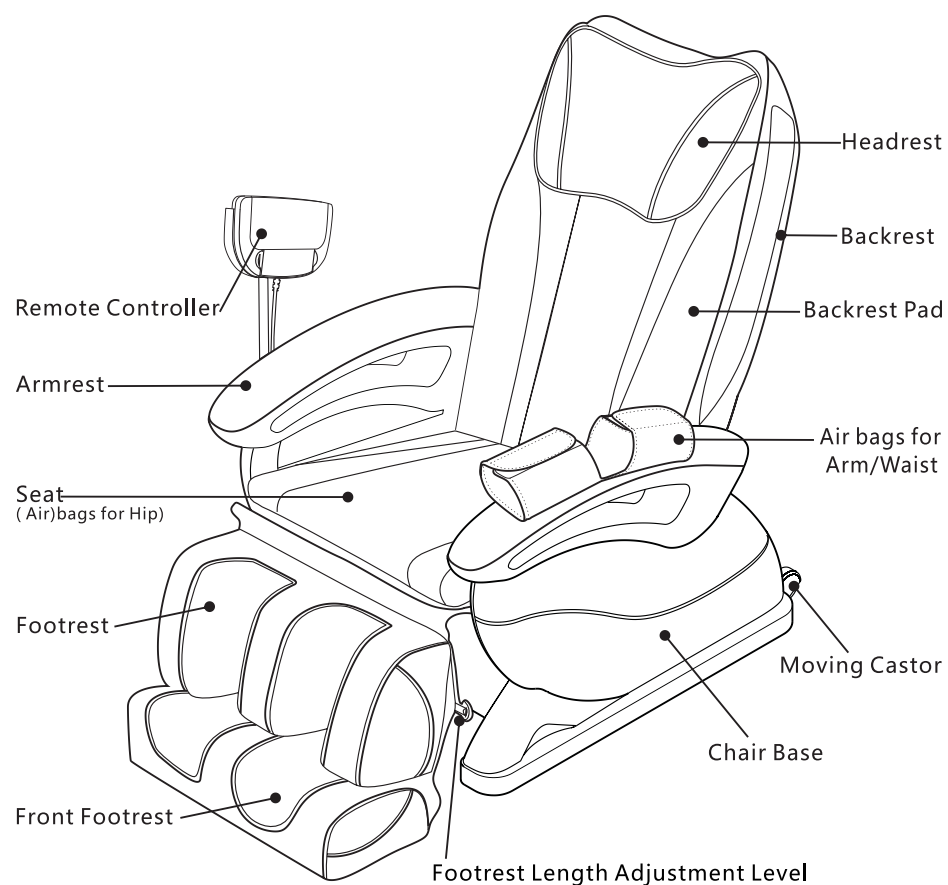
## 7. Caution for the Remote Controller

- Do not sit, step or place heavy objects on the Remote Controller.
- Do not drop the Remote Controller. It is recommended to place it in the Remote Controller Support when not in use.
- Do not exert excessive force on the Remote Controller.
- Do not operate the Remote Controller with wet hands.
- Do not operate the Remote Controller using sharp-edged or hard objects, this may result in damage.



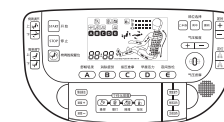
## PART NAMES AND FUNCTIONS

	<ul style="list-style-type: none"> <li>● Check the voltage corresponds with the specifications indicated for the Chair (only for alternative current).</li> </ul>
	<ul style="list-style-type: none"> <li>● The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.</li> <li>● Advice a minimum distance of 1 metre from AV devices such as television or radio, to prevent signal interference.</li> </ul>

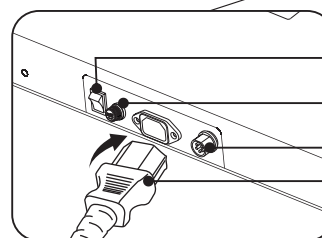
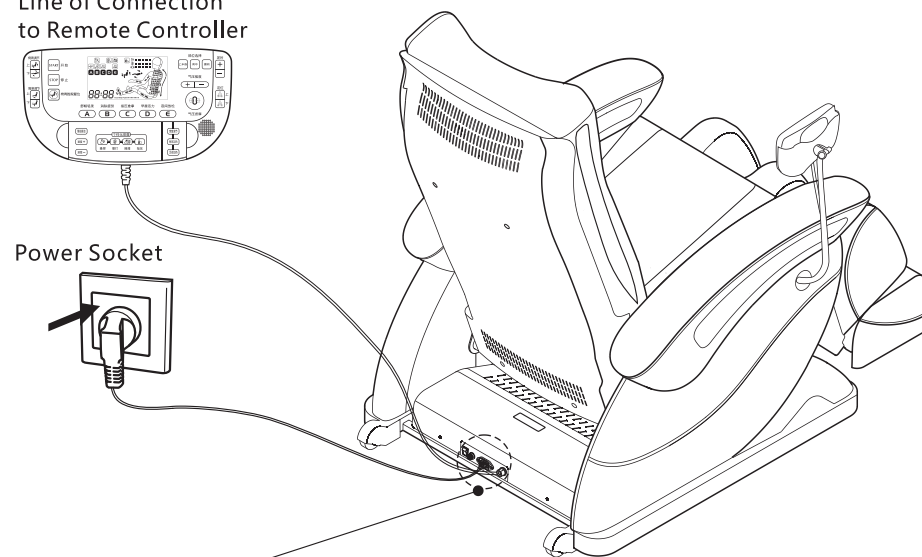


## PART NAMES AND FUNCTIONS

### Line of Connection to Remote Controller



### Power Socket



- Main Power Switch
- Fuse
- Port for Remote Controller
- AC Plug

## SPECIFICATIONS

Name:	Popular Massage Chair	
Rated voltage:	<input type="checkbox"/> AC100-120V	<input type="checkbox"/> AC220-240V
Rated frequency:	50/60Hz	
Power consumption:	200W	
Working time:	30mins	

※ Note: Specifications are subject to change without notice.

## INSTALLATION OF PARTS

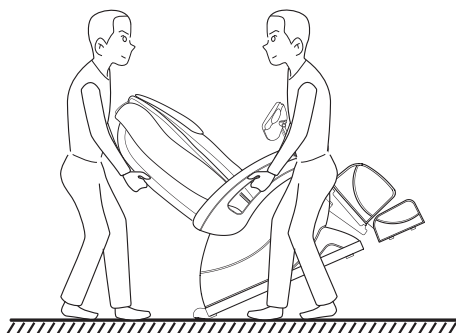
### Moving the Massage Chair

- Adjust the backrest to its fully upright position and there should be two more persons: one catching hold of the one side of armrest upward and the other press the backrest downward, causes the moving castors to be well-grounded then push it to move together.



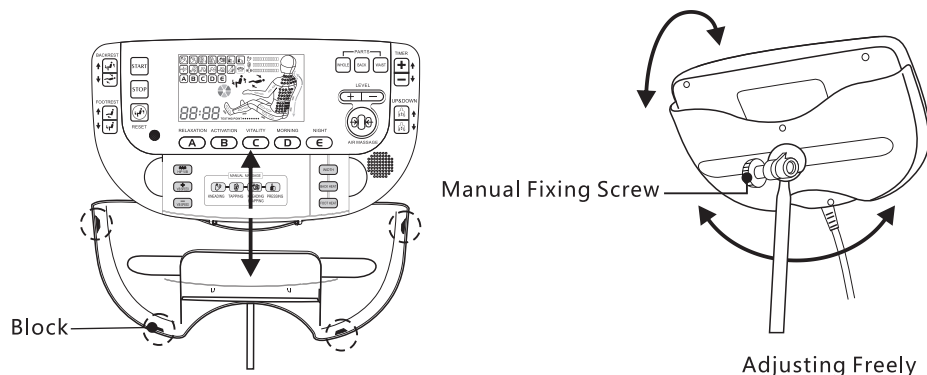
**CAUTION**

- Please pull out AC Plug from Electric Outlet before moving Chair.
- The Chair is rather heavy. Take sufficient care when lifting it.



### Installation of the Remote Controller Support

- Installation/Removal of Remote Controller: 1.Installation: insert it from the top.
- 2.Removal: hold the top and pull it upward.
- Adjustment of Remote Controller Support: In normal times, adjust it freely and if it is loose, tighten it by the Manual Fixing Screw securely.



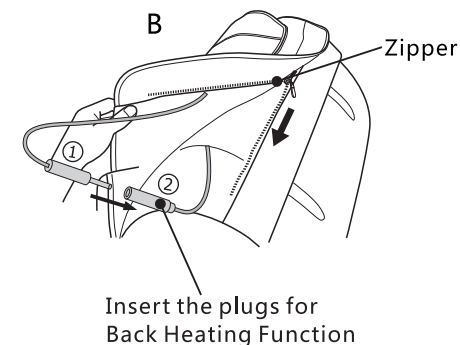
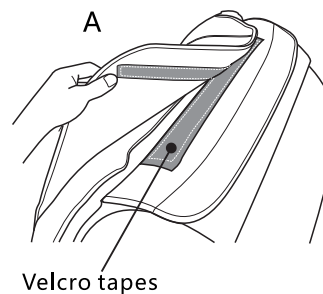
## INSTALLATION OF PARTS

### Headrest Installation

- Headrest is stuck to the Backrest Pad with velcro tapes.(A)
  - In bonding, stick them together.
  - To separate, take it away directly.

### Backrest Pad Installation

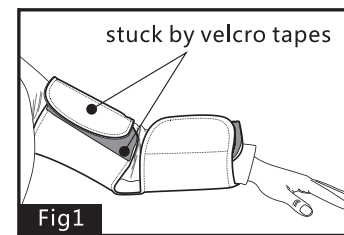
- Backrest Pad is attached to the Backrest by zipper, to load or unload Backrest Pad, only zip the zipper.(B)
- Install Back Heating Function:
  - Insert plug ① with plug ② end to end only.
  - To separate, pull them out.



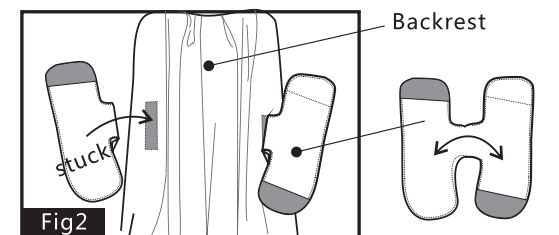
### Airbags for Arm Air Massage(Waist Air Massage)

**Note: It is 2 usage of method for this airbag see below:**

- Fig 1: fold the airbags and encircles the arms, then stick them by velcro tapes.
- Fig 2: stick the airbags on both sides of backrest only .



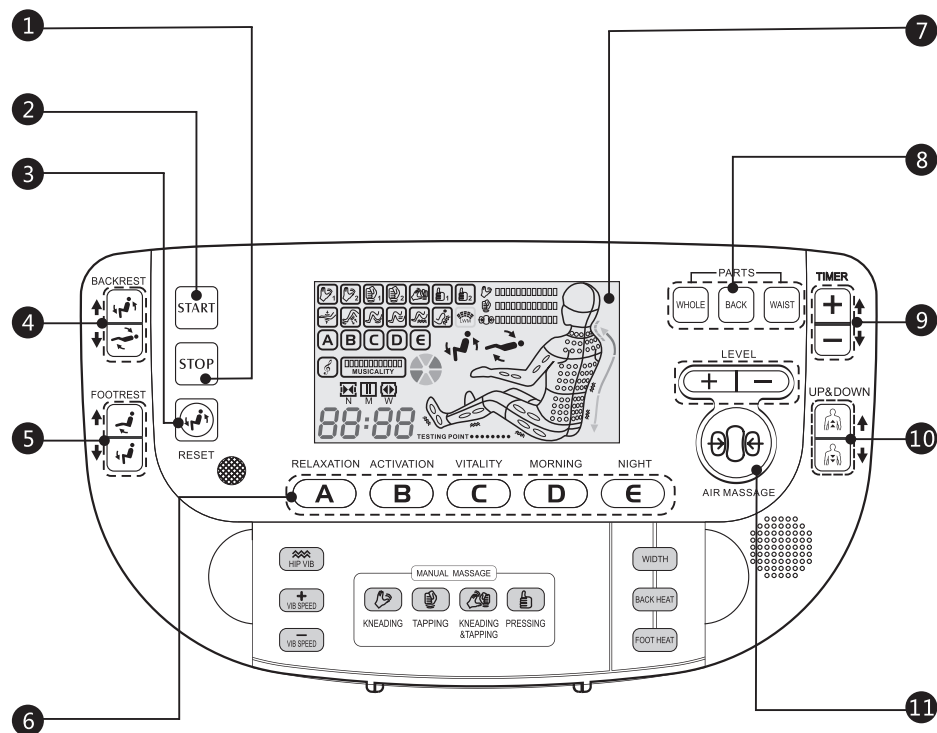
For Arm Air Massage



For Waist Air Massage

Folded that as show

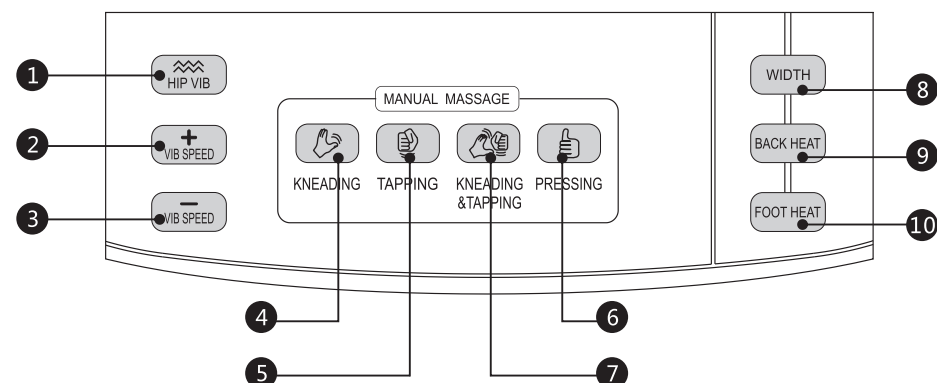
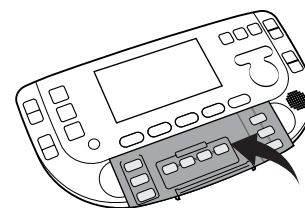
## REMOTE CONTROLLER INSTRUCTION



1. Stop
2. Start
3. Footrest & Backrest Reset  
(Footrest down/Backrest up)
4. Backrest Adjustment  
(Adjust the recline angle of the Backrest and Footrest simultaneously.)
5. Footrest Adjustment  
(Adjust the recline angle of the Footrest.)

6. Automatic Massage Programs  
A: Relaxation Mode  
B: Activation Mode  
C: Vitality Mode  
D: Morning Mode  
E: Night Mode
7. LCD Display
8. Back massage part
9. Timer
10. Up/down
11. Air Massage

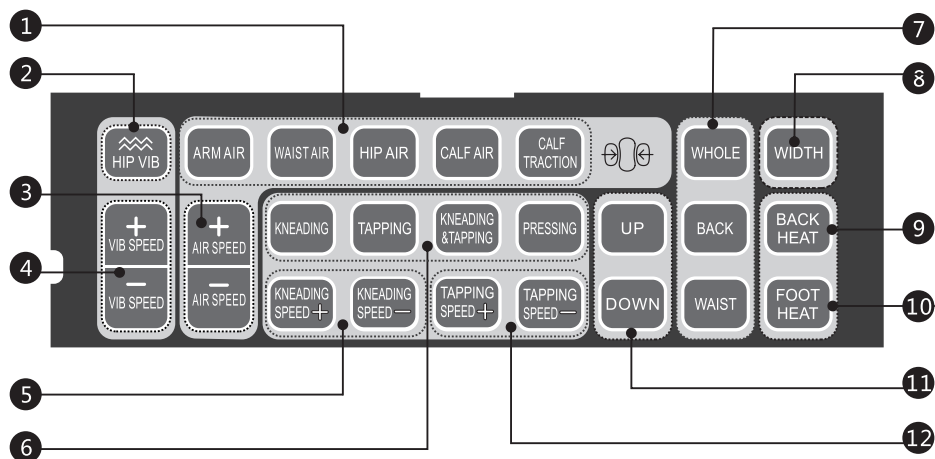
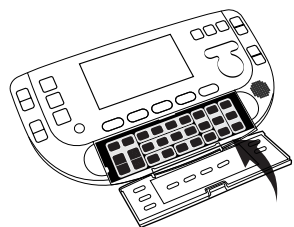
## REMOTE CONTROLLER INSTRUCTION



1. Hip Vibration Massage
2. Vibration Speed +
3. Vibration Speed -
4. Kneading Massage
5. Tapping Massage

6. Kneading & Tapping Massage
7. Pressing Massage
8. Width Adjustment
9. Back Heating Function
10. Foot Heating Function

## REMOTE CONTROLLER INSTRUCTION



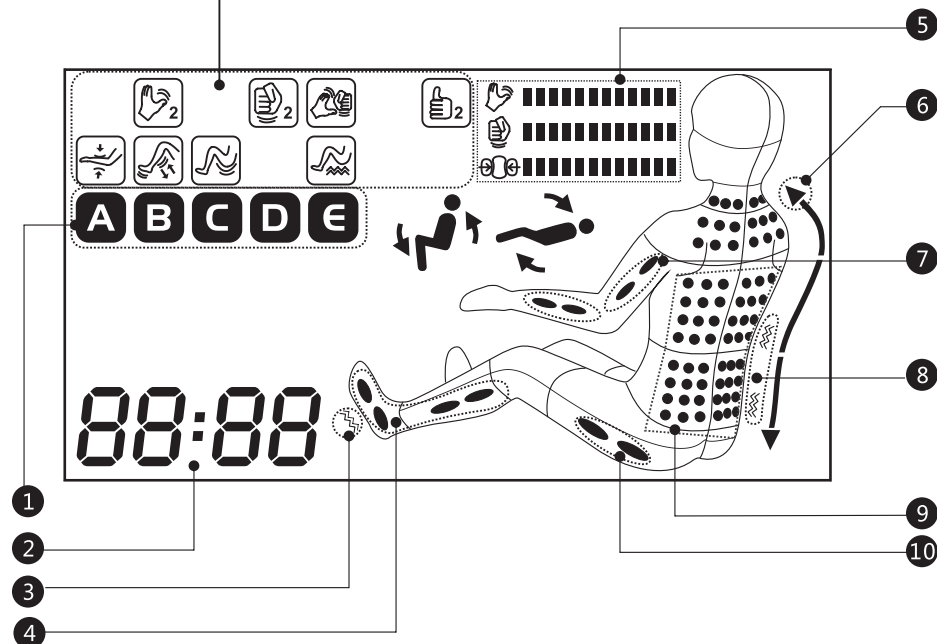
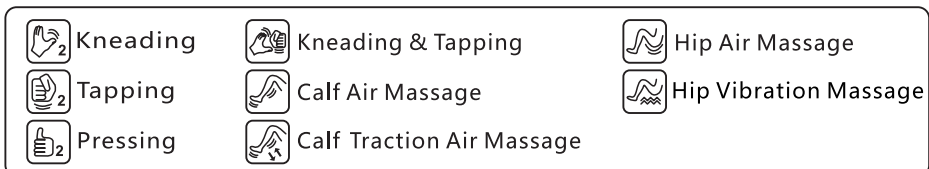
1. Air Massage Function
  - a. Arm Air Massage
  - b. Waist Air Massage
  - c. Hip Air Massage
  - d. Calf Air Massage
  - e. Calf Traction Air Massage
2. Hip Vibration Massage
3. Air Massage Level Adjustment
4. Vibration Speed Adjustment

5. Kneading Speed Adjustment
6. Manual Massage Modes
7. Select Back Parts Area
8. Width Adjustment
9. Back Heating Function
10. Foot Heating Function
11. Up/Down Adjustment
12. Tapping Speed Adjustment

## REMOTE CONTROLLER INSTRUCTION

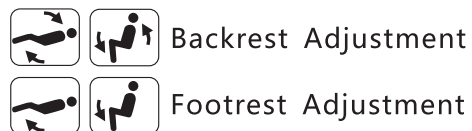
### LCD Display

To show the operating massage functions, massage parts and timer.



- 1.5 Automatic Massage Programs
2. Timer
3. Foot Heating Function
4. 1. Calf Air Massage  
2. Calf Traction Air Massage

5. a. Kneading Speed  
b. Tapping Speed  
c. Air Massage Level
6. Up/Down the Back Massage Part
7. Arm Air Massage
8. Back Heating Function
9. Show the Massage Node Position
10. Hip Air Massage



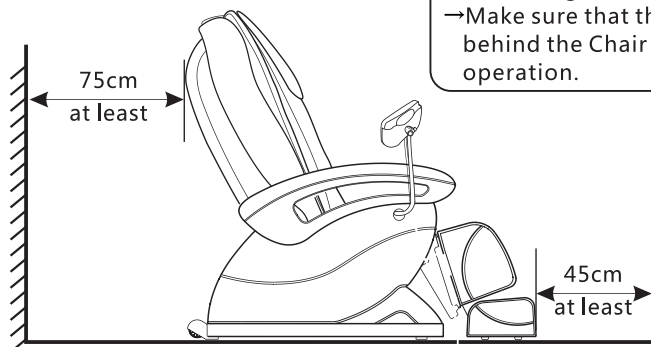
## PREPARATION BEFORE USE

### Placing of the Chair

- Secure sufficient space around the Chair for reclining purpose.
- Make sure that there is an allowance of more than 45cm in the front of and 75cm behind the Chair.

#### Suggestions

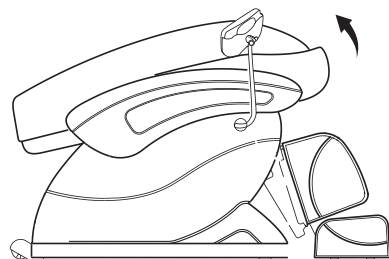
- Put a carpet under the Chair to prevent scratching of the flooring.
- Make sure that there is no obstruction behind the Chair for a safe recline during operation.



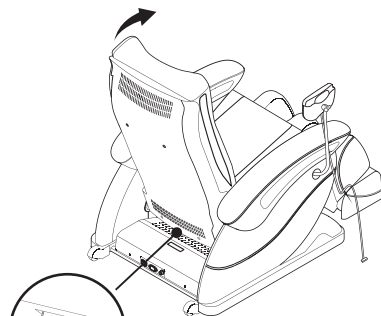
### Expand/Folding the Chair

1. To expand, please raise the Backrest to an upright position until a "click" sound is heard.
2. To fold it for storage:
  1. Remove the Headrest and Backrest Pad.
  2. Pull the Backrest Folding Lever up.
  3. Push the Backrest forward.

Raise Backrest to an upright position.



Push the Backrest forward to fold.



Pull Backrest Folding Lever up



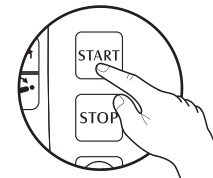
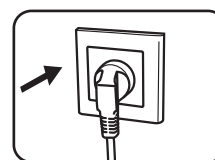
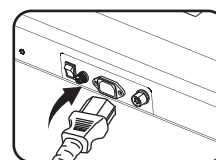
#### CAUTION

- Take care not to fold abruptly.
- Be careful not to get hand or fingers caught between the Armrest and Backrest.

## MESSAGE PROGRAMS

### Power On

1. Connect the AC Plug to the Electrical Outlet.
2. Turn on the Main Power Switch located on the Electric Control Box.
3. Press the "START" button, it is ready to work.



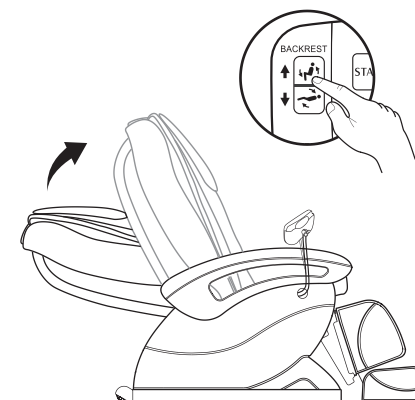
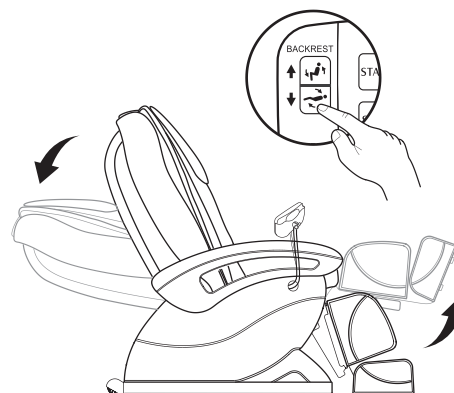
#### CAUTION

- Make sure that the AC cord is not placed under the Chair Base.
- Make sure that all switches are at the OFF position (including the Main Power Switch) before the AC Plug is connected to an Electrical Outlet.

### How to Use the Reclining System

#### Backrest

- To recline: Press the "Backrest Down" button until the Backrest is down and Footrest is up to your desired angle.
- To incline: Press the "Backrest Up" button until the Backrest is up to your desired angle.



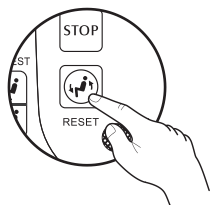
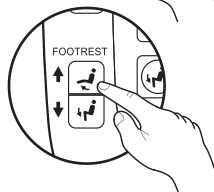
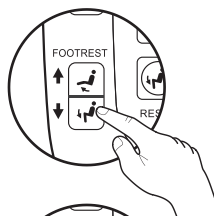
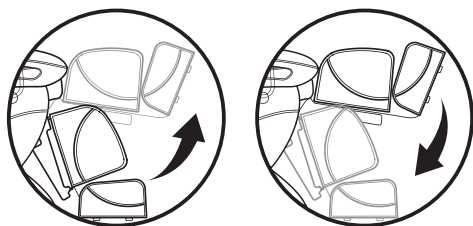
## MASSAGE PROGRAMS

### Footrest

- 1.To lift: Press the "Footrest Up" button until the Footrest is upward to your desired height.
- 2.To lower: Press the "Footrest Down" button until the Footrest is downward to your desired height.

### Rest:

- To rest: Press the "Reset" button, the Backrest and Footrest is to the initial position.



• Keep hands and fingers away to prevent injury.

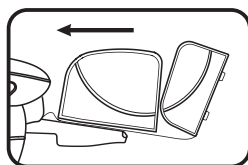
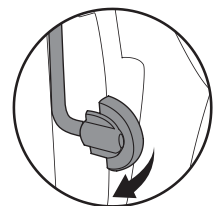
### How to Adjust the Length of the Footrest

The length of the Footrest can be adjusted to the comfort of the user by lifting the Footrest Length Adjustment Lever.

- 1.To lengthen: Lift the lever and push out the Footrest with your feet to get the proper position and loosen the lever to lock the Footrest.
- 2.To shorten: Just lift the lever and the Footrest is to the initial position automatically.

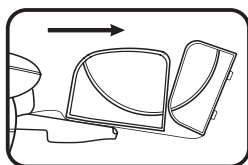


•Do not exert excessive force on Footrest Length Adjustment Lever.



(Shorten)

About 8cm



(Lengthen)

Footrest Length Adjustment Lever

## MASSAGE PROGRAMS

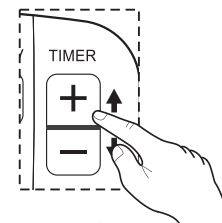
### Timer

- 1.The default massage time is 30 minutes and the massage procedure will be closed automatically after 30 minutes.

- 2.How to set the time: a. Press button  to be increased by 5 minutes  
b. Press button  to be decreased by 5 minutes

After setting of the time, the machine will begin to count down till the remaining time is zero and then the procedure will be closed automatically.

- 3.In changing of Automatic Massage Programs and Manual Programs, the remaining time won't be changed.



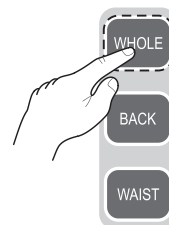
### Choosing Back Massage Parts

- Press following buttons to choose one of 3 massage parts. When it is chosen, the correspond icon is lighting on the LCD.

**The Whole Course:** It will give massage up and down from neck to waist.

**Back Part:** It will give massage up and down from upper back to lower back.

**Waist Part:** It will give massage up and down from lower back to waist part.



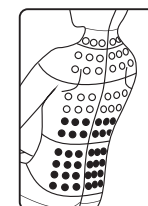
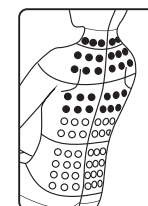
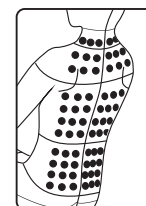
the whole course



back part



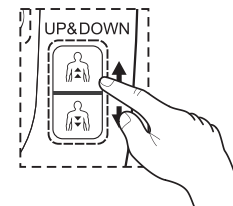
waist part



### Up/down Massage

- This function is for Kneading Massage, Tapping Massage and Kneading & Tapping Massage only. It is 2 method to use this function During Back Massage:

- 1.Press "Up" or "Down" button continuously, the Massage Nods will move up or down. Release it, the nods will stop on your desired part.
- 2.While the nods massage on you desired part, just press "Up" or "Down" button once and the nods will stop there for a spot massage.





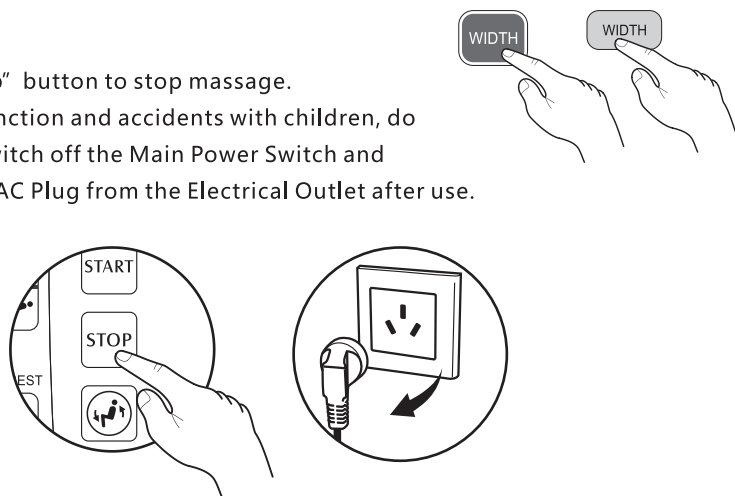
## MASSAGE PROGRAMS

### Width Adjustment

1. It is suitable for Tapping Massage and Pressing Massage only.
2. Press "Width" button to adjust the massage width according to your desire.

### After Use

- Press the "Stop" button to stop massage.
- To avoid malfunction and accidents with children, do remember to switch off the Main Power Switch and disconnect the AC Plug from the Electrical Outlet after use.



There are 2 series of massage: 1. Automatic Massage Programs

### 2. Manual Massage Programs

#### 1. How to Use the Automatic Massage Programs

This menu of 5 specialised massage programs which is designed to meet specific well goals with a simple touch of the Remote Controller.

Choose from a range of 5 different kinds of pre-programmed massages.

A-- Relaxation mode    B-- Activation mode    C-- Vitality mode  
D-- Morning mode      E-- Night mode

The Automatic Massage Programs buttons (A) (B) (C) (D) (E)

The correspond icons (A) (B) (C) (D) (E) on the LCD

- To start massage, press any one of the 5 buttons, you can enjoy a continuous massage on the whole body. Press the buttons again to stop massage.

## MASSAGE PROGRAMS

### 2. Manual Massage Programs

It allows you to mix and match from a choice of massage actions, you can adjust massage action's speed, level or position to suit yourself.

#### •A.4 Back Massage Programs:

- Kneading Massage
- Tapping Massage
- Kneading & Tapping Massage
- Pressing Massage

#### •B.4 Air Massage Programs:

- Arm Air Massage
- Waist Air Massage
- Hip Air Massage
- Calf Air Massage
- Calf Traction Air Massage

#### •C.1 Vibration Massage Program:

- Hip Vibration Massage

#### •D.2 Heating Functions:

- Back Heating Function
- Foot Heating Function











Choosing of Manual Programs, please see the following form for detail.

MESSAGE PROGRAMS	LCD	SPEED ADJUSTMENT	LEVEL	WIDTH	PARTS	UP/DOWN
Kneading		<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Tapping		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Kneading & Tapping		<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Pressing				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Arm Air Massage			<input checked="" type="checkbox"/>			
Hip Air Massage			<input checked="" type="checkbox"/>			
Calf Air Massage			<input checked="" type="checkbox"/>			
Calf Traction Massage			<input checked="" type="checkbox"/>			
Hip Vibration Massage		<input checked="" type="checkbox"/>				
Back Heating Function						
Foot Heating Function						

## MASSAGE PROGRAMS












### A. BACK MASSAGE PROGRAMS

#### 1. Kneading Message

- Press the "KNEADING" button, it begins to Kneading Massage and the correspond icon  is lighting on the LCD.
- Press    button to select one of 3 message parts.
- For a spot massage just press  or  button to adjust the Massage Nods position.
- To adjust the speed, press the   button and the correspond icon will show on LCD Screen:  .
- Press the "KNEADING" button again to stop massaging.

















#### 2. Tapping Message

- Press the "TAPPING" button, it begins to Tapping Massage and the correspond icon  is lighting on the LCD.
- Press    button to select one of 3 message parts and adjust the Tapping Massage width by press  button according to your desire.
- For a spot massage just press  or  button to adjust the Massage Nods position.
- To adjust the speed, press the   button and the correspond icon will show on LCD Screen:  .
- Press the "TAPPING" button again to stop massaging.



#### 3. Kneading & Tapping Message






- Press the "KNEADING & TAPPING" button, it begins to Kneading & Tapping Massage and the correspond icon  is lighting on the LCD.
- Press    button to select one of 3 message parts.
- For a spot massage just press  or  button to adjust the Massage Nods position.
- Press the     button to adjust speed and the correspond icons will show on LCD Screen:    .
- Press the "KNEADING & TAPPING" button again to stop massaging.



## MASSAGE PROGRAMS









#### 3. Pressing Message







- Press the "PRESSING" button, it begins to Pressing Massage and the correspond icon  is lighting on the LCD.
- Press    button to select one of 3 message parts and adjust the Pressing Massage width by press  button according to your desire.
- Press the "PRESSING" button again to stop.

### B. AIR MESSAGE PROGRAMS







#### 1. Hip Air Massage

- Press the  button, it begins to Air Massage on Hip and the corresponding icon  is lighting on the LCD.
- Press the   button to adjust the level and the corresponding icon   is lighting on the LCD. 4 levels can be selected.
- Press the button again to stop massaging.







#### 2. Calf Air Massage

- Press the  button, it begins to Air Massage on Calf and the corresponding icon  is lighting on the LCD.
- Press the   button to adjust the level and the corresponding icon   is lighting on the LCD. 4 levels can be selected.
- Press the button again to stop massaging.

#### 3. Calf Traction Air Massage

- Press the  button, it begins to Air Traction Massage on Calf and the correspond icon  is lighting on the LCD.
- Press the   button to adjust the level and the corresponding icon   is lighting on the LCD. 4 levels can be selected.
- Press the button again to stop massaging.






#### 4. Arm Air Massage

- Press the  button, it begins to Air Massage on Arm and the corresponding icon  is lighting on the LCD.
- Press the   button to adjust the level and the corresponding icon   is lighting on the LCD. 4 levels can be selected.
- Press the button again to stop massaging.










## MASSAGE PROGRAMS

### 5. Waist Air Massage




- Press the  button, it begins to Air Massage on Arm and the corresponding icon  is lighting on the LCD. (Note: the icon is the same as arm air massage)
- Press the   button to adjust the level and the corresponding icon  is lighting on the LCD. 4 levels can be selected.
- Press the button again to stop massaging.

### C. Hip Vibration Massage




- Press the  or  button, it begins to vibration massage on Hip and the correspond icon  is lighting on the LCD.
- To adjust the speed, press the   or   button.
- Press the “HIP VIB” button again to stop massaging.

### D. Heating Massage Function

#### 1. Back Heating Function

- Press the  or  button, it begins to Back Heating Function and the correspond icon  of Hip Part is lighting on the LCD.
- Press the “HIP HEAT” button again to stop massaging.

#### 2. Foot Heating Function

- Press the  or  button, it begins to Foot Heating Function and the correspond icon  of Feet Parts is lighting on the LCD.
- Press the “FOOT HEAT” button again to stop massaging.

## CARE AND STORING

### 1. Storing the Chair

- Make sure the power is turned off and pull the plug out from the outlet when it is kept.
- Wipe off dust and dirt from the chair. Keep it clean and away from places of high humidity. Damp and dust will shorten the machine's life and may become the causes of mouldy or dirty marks.
- If the chair is not in use for a long period of time, cover the chair with a dustproof cover to protect it from dust.

#### Suggestions

→ Please keep away from direct sunlight or heating appliances like heat stove. It could cause discolouration or deterioration.

### 2. Cleaning Of Remote Controller

- Remove fouling on the Remote Controller with a piece of dry cloth. As a wet cloth may cause damage.

### 3. Cleaning Of Leather

- To clean the leather sections, wipe with a piece of cloth impregnated with neutral detergent at first. Then remove the detergent with a soft cloth wetted with water and air dry.
- Use a piece of dry cloth to wipe over the painted areas.



#### CAUTION

- Don't use diluents, volatile oil or bleaching powder will cause discolouration or cracks.
- Do not use the iron.

## TROUBLESHOOTING

If you encounter any problems with the operation of your massage chair, please check the following troubleshooting guide for some common issues to see if they can be resolved. If the massage chair still does not work or malfunctions, please switch off the Main Power and remove the AC Plug from the Electrical Outlet and contact us.

Do not disassemble or attempt to repair the Chair by yourself.

CONDITIONS	POSSIBLE CAUSE OR ACTION
Loud sound during Tapping, Kneading or Pressing	These sounds are results of mechanical structure and are not indicators of machine trouble.
Knocking sound at the change of function	
Sound of the vibration	
The chair does not operate using the Remote Controller	Check the AC Plug is firmly connected to the Electrical Outlet.
	Confirm that the Main Power is switched on.
Massage rollers stop moving	Do not lean too hard against the Backrest.
Stop working during the massage	Working is time out or power off.
	It may work too long, turn it off and let it cool.